

# Nasturtiums Pillow



Size: 14<sup>1</sup>/<sub>2</sub>" x 17", design by Alex Anderson, redwork and pillow finishing by Nancy Sands.

See The Basics chapter beginning on page 39 for general instructions on how to create this pillow. Cut the background fabric 12<sup>1</sup>/<sub>2</sub>" x 15". Trim to

12" x 14<sup>1</sup>/<sub>2</sub>" after the stitching is complete. Use the Ruffle-Edge Pillow instructions on page 41 to complete the pillow.



Match the dashed lines to complete the design.

See instructions on pages 39-40.

Love Is Patient and Kind



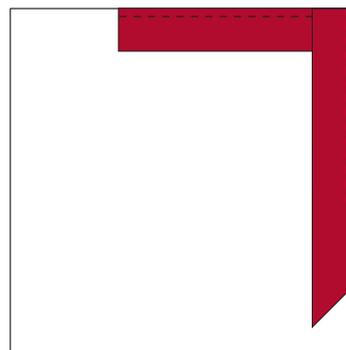
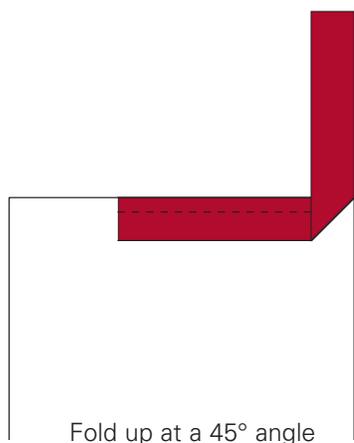


## Pillow Finishing

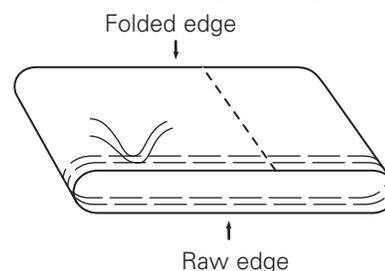
The following are general instructions for making the pillows shown in this book. You can adjust the numbers to create pillows from other projects shown. Adapt the cutting numbers to the appropriate size of your redwork piece. For a tightly stuffed pillow, cut the finished redwork piece 1" smaller than the pillow form. For example, if the pillow form is 14", the redwork piece should be 13" plus seam allowances.

### Ruffle-Edge Pillow

1. Trim the redwork piece to the specified size.
2. Cut two pieces of fabric, the same size as the redwork piece. One is for the back of the pillow and the other is for the lining. Stitch the lining to the back of the redwork.
3. Red trim: Cut and piece 1"-wide strips of red fabric to at least 60" long. Fold lengthwise and press; it should measure  $\frac{1}{2}$ " by at least 60".
4. Beginning at the center bottom of the pillow, baste the red trim to the right side of the pillow top by hand or machine, raw edges together, using a  $\frac{1}{4}$ " seam allowance. Be sure to fold the beginning of the trim under to create a finished end. Stitch to within  $\frac{1}{4}$ " of the corner and back-stitch. Fold the red trim up at a 45° angle, then down at a 90° angle to turn each corner. Start stitching at the edge (see illustration above right). Repeat for all four sides.

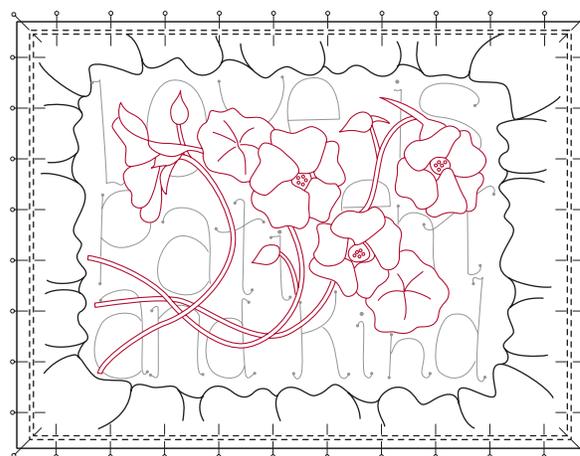


5. Ruffle: Measure the outside edges of the pillow and double the number. Create a strip that is  $3\frac{1}{2}$ " by this measurement. Sew this strip into a continuous circle. Press the seam open. With wrong sides together, fold in half lengthwise and press. Sew two rows of gathering stitches.



Sew into a continuous circle and sew gathering stitches.

6. Gather and pin evenly to the right side of the redwork, matching the raw edges. The ruffle should be facing the middle of the pillow. Stitch into place.



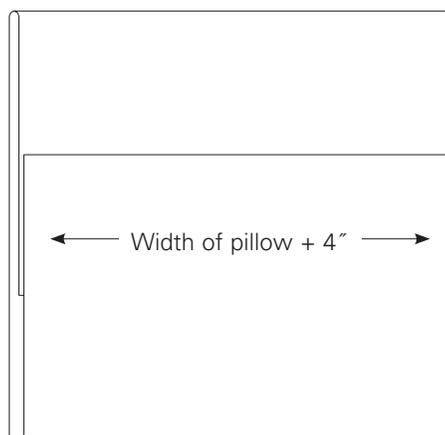
Pin the ruffle onto the pillow top.

7. Pillow Back: Pin the ruffle so it faces the center of the right side of the pillow top. Baste the backing onto the pillow top with right sides together.
8. Stitch with the redwork side of the pillow on top following the stitching lines of the red trim. Leave a 7" opening on the bottom edge to insert the pillow form. Backstitch at each side of the opening. Insert the pillow form and hand stitch the opening closed.

*Note that the Nasturtiums Pillow is a rectangle. I used a square pillow form to give the pillow a nice tight look.*

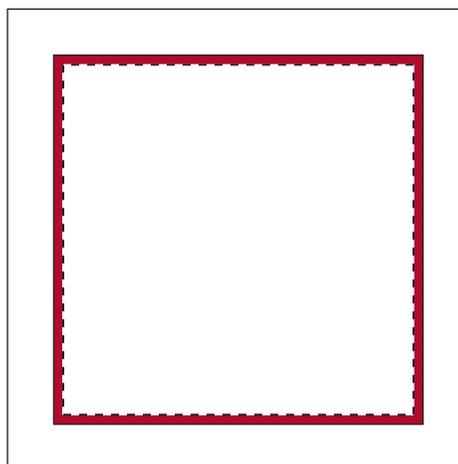
## Flat-Edge Pillow

1. Trim the pillow top to the specified size.
2. Red trim: Cut and piece 1"-wide strips of red fabric to at least 64" long. Fold lengthwise and press; it should now measure 1/2" by at least 64".
3. Beginning at the center bottom of the pillow, baste the red trim to the right side of the pillow top, by hand or machine, raw edges together using a 1/4" seam allowance. Be sure to fold the beginning of the trim under to create a finished end. Before you approach each corner, fold the red fabric trim to turn each corner. See illustration on page 41.
4. Press the trim out, creating the look of a finished edge.
5. Pillow pocket: Measure the width of the pillow and add 4". Cut the pillow pocket fabric this measurement by the width of the fabric (42").
6. On the two short ends, fold the raw edges under 1/4" twice, press, and stitch. You are creating a finished edge for the back pillow pocket opening.
7. Place the fabric rectangle on a table right side up. Fold the top down about two-thirds of the length of the pillow and then fold the bottom up about two-thirds of the length of the pillow. You are looking at the wrong side of the fabric. There will be an overlap in the middle of about 5".



Fold the fabric.

8. Center the prepared redwork on the fabric. Carefully adjust the folded fabric until you have 2" on all four sides of the redwork. When you get the desired size, remove the redwork and pin the raw edges. Sew the two raw edges using a 1/4" seam allowance. Trim the seam allowance of the corners at a 45° angle for a clean sharp corner.
9. Turn the pillow pocket right side out and press.
10. Center the redwork pillow top on the completed pillow pocket. On the pillow back make sure the opening is horizontal and the top flap is facing down.
11. Carefully machine stitch the redwork picture onto the pillow pocket by stitching in-the-ditch along the red fabric trim.



Stitch-in-the-ditch